Specially developed to provide natural care for the delicate skin of expectant mothers, babies and children.
Dear mum,

You have spent the last nine months waiting for your little bundle of joy to arrive and now your baby is finally here! As you hold your baby in your arms, you can barely keep your eyes off this precious gift. For you and your family, this marks the start of a new stage in your life. sanosan is there to help you care for your baby from day one. The natural, soothing active ingredients such as organic olive oil and milk protein cleanse, moisture and protect sensitive baby skin.

100 %
trust & love
since 1983

You will find further information and useful tips at sanosan.de
Care products which do what they say!

All sanosan products exclusively contain active ingredients which are tailored to the needs of delicate skin. They contain neither parabens, silicones nor mineral oils. sanosan products are ideal for use on sensitive skin.

The sanosan pure+sensitive series was developed specifically with allergy-prone skin in mind. All the products in this series have been tested by the Charité university hospital in Berlin and bear the ECARF seal.

All sanosan baby products are centred around the use of two natural active ingredients – organic olive oil and hydrolysed milk protein.

- These have protective and skin-soothing properties.
- They create a hydrolipid film for soft, supple skin.
- The products containing organic olive oil reduce irritations on red and sore skin.
- The products with milk protein leave an ultra-thin protective film on the skin and prevent it from drying out.
- The products protect against skin irritations with an increased allergy risk.
Baby skin – a sensitive cloak

Babies are miraculous yet very vulnerable beings since, in contrast to adults, their skin lacks important protective functions.

Baby skin is different to adult skin as its topmost layer is around 20% thinner. In the first few months of a baby’s life, its skin is more permeable to liquid, dries out more quickly and is more sensitive to external stimuli. This is why parents need to take special care to nurture their baby during this initial period.

With the proven sanosan care line, you can rest assured that you are providing your baby’s skin with exactly what it needs: Natural care and intensive protection. sanosan uses only nature’s very best ingredients for the most delicate skin in the world to ensure clinically confirmed maximum tolerability.

SKIN DIFFERENCES

Baby skin has a thinner outer layer compared to adult skin. The papilla with the blood vessels project further into the epidermis. The cells of baby skin are smaller and not so close together, which makes the skin more permeable.
Baby skin needs gentle care

Sensitive baby skin requires particular care and protection in the first year of life. That’s why it is so important to use baby care products which are tailored to the special needs of baby skin. They must balance out as best as possible the protective function of the skin which is not yet mature.

Ideal care products contain a carefully selected mixture of ingredients, as is the case with all sanosan products. However, in order to guarantee the best possible results, the products must be used correctly.

- Creams and lotions should not be applied too thickly to avoid blocking the pores and causing skin impurities.

- Bathing is better than washing. Moisturising bath supplements prevent the skin from drying out. In their first six months, babies can be bathed up to two times a week. After that, they can be bathed more frequently if required.

- The nappy area requires particular protection. A protective ointment prevents skin irritations, but must not be applied too thickly. Allow your baby to go without a nappy as often as possible to let the air get to his or her bottom.

The simple colour-coded system guides you through the range – to help you find what you are looking for straight away.

You will find more information and useful tips at sanosan.de.
Most babies love the experience of a warm bath as it is evocative of the time spent in the womb. The bath supplements from sanosan are the ideal choice for enhancing this experience. They protect delicate baby skin from drying out and dissolve liposoluble substances such as cream residue from the skin.

Ideally babies should spend between 3 and 10 minutes in the bath with a water temperature of 36°C.

1 BATH & SHAMPOO
mild cleansing for delicate baby skin and hair with organic olive extract and milk protein available in 200ml, 400ml & 500ml

2 WASH FOAM
rich cleansing foam for body and hair with organic olive extract and milk protein available in 250ml

3 WASH & CARE
gentle hair and body wash with organic olive extract and milk protein available in 200ml & 400ml

4 SHAMPOO
gentle hair and body wash with organic olive extract and milk protein available in 200ml

5 CARE SOAP
gentle vegetable oil soap with organic olive oil and milk protein available in 100g
All-round protective care

The right care for sensitive baby skin is just as important as skin-kind cleansing. Ideally, you should moisturise your baby’s skin after bathing with sanosan Cream, Lotion or Care Oil, which all contain moisturising and soothing ingredients. Combined with a gentle massage, this helps to foster the emotional connection between you and your baby.

With sanosan you can be sure that you are giving your baby’s skin everything it needs to develop healthily.

Product tip for baby massages!
Show your love through the skin

Intensive body contact between parents and children is extremely important in the first few months of life to create a sense of security and love. Massages are a great way to show your baby how much you love him or her.

The ideal room temperature for massages is between 23 and 24°C. Place your baby on a towel or sheet. With the sanosan Care Oil or sanosan Care Cream your hands will glide more easily over your baby’s skin. Do not massage infants for more than 5-10 minutes.

Place a little oil or cream into the palms of your hands and warm up by rubbing together. Gently massage the oil or cream into your baby’s skin, starting with the feet. Massage each toe using gentle, circular motions, work the bottom of the foot by applying slight pressure using the thumb.

Work your way up to the legs. To massage the chest and stomach area, place both hands flat in the middle of the body. Move your hands gently to the side along the ribs, as if smoothing down the pages of a book. Guide your hands to the middle in a heart-shaped motion without taking them off your baby’s body. Using the same sequence of motions each time helps to relax your baby.

You can find massage tips at sanosan.de
Every time a nappy is changed, this area has to be cleansed and if necessary treated with ointment. The skin is exposed to extreme stresses here – and the result can be redness and skin irritations.

We recommend warm water and sanosan Care Oil for the day-to-day cleansing of this area. The handy wipes from sanosan remove all soiling simply and easily. After cleansing, the baby’s bum should be dried thoroughly. Should your baby’s skin show any signs of redness, you should apply sanosan Ointment which protects the baby’s skin thanks to its high lipid content.

Care tip

Gentle protection for your baby’s bum

Lotion Wipes
fluffy-soft cleansing wipes
with caring organic olive leaf extract and milk protein
available 72 pcs. & 2 x 72 pcs.

Ointment Diaper Rash
caims and protects diaper area
with zinc oxide and organic olive oil
available in 75ml & 150ml

Panthanol Ointment Diaper Rash
promotes skin regeneration
with organic olive oil and milk protein
available in 100ml

Care Powder
protection from skin irritations
with organic olive oil and allantoin
available in 100g

Moist Wash Cloths
gentle cleansing wipes for nappy, face and hand
with organic olive leaf extract and milk protein
available 15 pcs.
pure+sensitive: less is more

For optimal protection and safety from day one, when developing the sanosan pure+sensitive range, all potential irritants as well as ingredients which are suspected to trigger allergies in sensitive baby skin were avoided. An allergy is an exaggerated response by the immune system to certain exogenous substances in the environment. Based on the philosophy of less is more, all the pure+sensitive products are free from colourants and preservatives, parabens, perfumes and paraffin oil.

All sanosan pure + sensitive products bear the ECARF seal (European Centre for Allergy Research Foundation) from the Charité university hospital in Berlin. This seal has been awarded to allergy-friendly products since 2006. Before being presented with this seal, our products were tested in clinical trials on baby skin.

1 PANTHENOL OINTMENT protects and soothes the nappy area available in 100ml
2 CARE CREAM for baby's face and body available in 100ml
3 HEAD-TO-TOE-WASH LOTION preserves babys skin’s natural acid mantle available in 200ml
4 CARE OIL gently cleanses the nappy area available in 200ml
5 OIL BATH cares for and soothes babys sensitive skin while bathing; available in 200ml
6 LOTION CARE WIPES for the gentle cleansing of the nappy area available 64 pcs.
For babies and young children in particular, sunlight is important for bone and muscular development and the immune system. Yet too much sunshine is dangerous and can cause sunburn. Since young skin is not as effective at protecting itself as adult skin, it must be especially protected from UV rays. sanosan provides optimal sun protection for delicate baby skin. The formulas are particularly gentle and contain no perfumes, colourants or preservatives.

SUN CREAM 50+
protects immediately and reliably against sunburn, extra water-resistant; available in 75ml

SUN MILK 50
protects immediately and reliably against sunburn, extra water-resistant; with Aloe Vera; available in 200ml

TIPS FOR IDEAL SUN PROTECTION

• Avoid the intense midday sun.
• Apply a generous amount of sun cream before going out into the sun. The less cream used, the less effective the protection offered.
• Reapply cream on a regular basis to maintain protection, especially after going in the water, after drying off or after sweating.
• Protect babies and infants from direct sunlight and use protective clothing and a sunscreen with a high sun protection factor (SPF of 25+). Even sunscreens with a high SPF cannot offer complete protection from UV rays.
• Even when using a sunscreen, you should not spend too long in the sun with your baby. Each time the skin is burnt, this causes long-term damage and must therefore be avoided!
• Excessive sunbathing presents a serious risk to health.
• Avoid contact with clothing – this product may cause stains.
• Avoid contact with eyes.
• After sunbathing wash off all sunscreen thoroughly.
Naturally fun care products for kids

Babies quickly develop their own personalities, together with particular needs and product expectations. sanosan offers a specially developed range to cater for little princesses and pirates. The especially mild and child-friendly range is ideal for children aged 2 to 6. All sanosan natural kids products contain natural ingredients, e.g. organic olive oil, and are kind to the skin, vegan, and free from silicones, parabens and paraffin oil.

1 EASY COMB SPRAY
makes combing wet or dry hair absolutely easy with cherry blossom fragrance; available in 125ml

2 CARE CREAM
gently cares sensitive facial skin with cherry blossom fragrance; available in 50ml

3 WASH FOAM
gently cleanses children’s sensitive skin; available in 250ml

4 2IN1 SHOWER & SHAMPOO RASPBERRY
moisturises and gently cares for the skin, pH-neutral; available in 250ml

5 2IN1 SHOWER & SHAMPOO BANANA
moisturises and gently cares for the skin, pH-neutral; available in 250ml

6 2IN1 SHOWER & SHAMPOO
moisturises and gently cares for the skin, pH-neutral with ocean fragrance; available in 250ml

7 3IN1 SHOWER, SHAMPOO & CONDITIONER
moisturises, gently cares for the skin and makes combing easy, pH-neutral; available in 250ml

8 2IN1 SENSITIVE SHOWER & SHAMPOO
moisturises and gently cares for the skin, pH-neutral, without fragrance; available in 250ml

PIRATES BATH & SHAMPOO, PRINCESS BATH & SHAMPOO, HONEY BATH & SHAMPOO cleanses especially gently with cherry blossom, ocean resp. honey fragrance; available in 40ml

for easy-to-comb hair

fragrance-free
For many women, becoming a mother is the most wonderful thing in the world – but it is not without its challenges. For women, pregnancy is not only an emotional roller coaster, the body also undergoes numerous changes.

Hormonal changes mean that more fluid is stored in the connective tissue; wrinkles are smoothed and improved circulation results in a rosier and fresher complexion. Skin care with the sanosan mama products during pregnancy allow you to bloom and also ensures a sense of well-being as well as enabling the skin to regenerate despite the stresses relating to pregnancy. The skin-firming properties of our sanosan products have been confirmed in dermatological tests.

Regular massages are important to help the skin on the stomach, hips and breasts to cope with the stresses of pregnancy without any visible consequences. Massages have been proven to promote circulation and the skin’s metabolism as well as preserve elasticity.

**THE KNEADING MASSAGE TECHNIQUE**

1. Warm up the sanosan Massage Oil or Mom-to-be Cream in your hands and spread over the stomach.

2. Place your hands parallel to one another on the stomach and slide your fingertips gently upwards towards the belly button and then to the sides of the stomach.

3. For the kneading technique, grasp small roles of skin between your thumb and index finger and gently pull upwards.

4. The more advanced the pregnancy, the smaller the skin rolls should be.

5. Always massage from the outside area of the stomach towards the belly button. Work the entire area section by section. Do not massage the skin around the pubic bone to avoid irritating the womb. The massage should feel pleasant and should not hurt.
All the products in the mama range are free from colourants, paraffin oil and parabens and have also been clinically tested.

1 NIPPLE SALVE cares for suffering nipples with pure lanolin available in 50ml

2 MOM-TO-BE SPRAY prevents stretch marks available in 200 ml

3 INTIMATE HYGIENE LIQUID CLEANSER with pH4 and natural lactic acid available in 200 ml

4 MOM-TO-BE OIL prevents stretch marks with 98% natural oils available in 100ml

5 NURSING PADS Provides optimal all-round protection available 30 pcs.

6 CREAM OIL SHOWER cares and pampers your skin with olive oil available in 250 ml

7 COOLING LEG GEL refreshes heavy, tired legs with menthol available in 100 ml

8 MOM-TO-BE CREAM cares and prevents stretch marks with vitamin E and jojoba oil available in 100 ml

You will find more information and useful tips at sanosan.de.
Further information at sanosan.de